

BPS District Health Standards Book

Standards

Growth and Development



Standard 1:

Understand concepts related to human growth and development, health promotion, disease prevention.

K-2 Grade Band

- **HTL-K2.s1.01:** Identify how health behaviors affect mental, emotional, physical and social health.
- **HTL-K2.s1.02:** Recognize that there are multiple dimensions of health.
- **HTL-K2.s1.03:** Describe ways to prevent contagious diseases.
- **HTL-K2.s1.04:** Identify ways to prevent common childhood injuries.
- **HTL-K2.s1.05:** Describe why it is important to seek health care.
- **HTL-K2.s1.06:** Explain how responsibility changes as we grow older

3-5 Grade Band

- **HTL-EL.s1.01:** Describe the relationship between health behaviors and social, emotional, physical, and mental health.
- **HTL-EL.s1.02:** Identify examples of social, emotional, physical, and mental health.
- **HTL-EL.s1.03:** Describe ways in which a safe and healthy school and community environment can promote personal health.
- **HTL-EL.s1.04:** Describe ways to prevent common childhood injuries and health problems.
- **HTL-EL.s1.05:** Describe when it is important to seek health care.
- **HTL-EL.s1.06:** Explain the stages of social, emotional, physical and mental growth and development in humans from infancy to late adulthood.
- **HTL-EL.s1.07:** Define abstinence in relation to health behaviors.

6th Grade

- **HTL-06.s1.01:** Analyze the relationship between health behaviors and personal health.
- **HTL-06.s1.02:** Identify examples of mental, emotional, physical, and social health.
- **HTL-06.s1.03:** Describe how the environment can promote personal health.
- **HTL-06.s1.04:** Describe how family history can affect personal health.
- **HTL-06.s1.05:** Identify adolescent health problems.
- **HTL-06.s1.06:** Explain how appropriate health care can promote personal health.
- **HTL-06.s1.07:** Describe the benefits of and barriers to practicing health enhancing behaviors.
- **HTL-06.s1.08:** Examine the likelihood of injury or illness if engaging in unhealthy behaviors.
- **HTL-06.s1.09:** Explain mental, emotional, physical and social changes that occur during adolescence.
- **HTL-06.s1.10:** Define abstinence in relation to health behaviors.

Middle School

- **HTL-MS.s1.01:** Analyze the relationship between health behaviors and personal health.
- **HTL-MS.s1.02:** Describe the interrelationships of emotional, mental, emotional, physical, and social health in adolescence.
- **HTL-MS.s1.03:** Analyze how the environment affects personal health.
- **HTL-MS.s1.04:** Describe how family history can affect personal health.
- **HTL-MS.s1.05:** Describe ways to reduce or prevent injuries and other adolescent health problems.
- **HTL-MS.s1.06:** Explain how appropriate health care can promote personal health.
- **HTL-MS.s1.07:** Describe the benefits of and barriers to practicing health enhancing behaviors.
- **HTL-MS.s1.08:** Examine the potential seriousness of injury and illness if engaging in unhealthy behaviors.
- **HTL-MS.s1.09:** Identify the anatomical structures of the reproductive system.
- **HTL-MS.s1.10:** Explain the processes of conception, prenatal development, and birth.
- **HTL-MS.s1.11:** Identify the benefits of abstinence and/or contraceptive methods.
- **HTL-MS.s1.12:** Acknowledge differences among individuals regarding gender.

High School

- **HTL-HS.s1.01:** Predict and/or evaluate how health behaviors can affect health status.
- **HTL-HS.s1.02:** Analyze the interrelationships of mental, emotional, physical, and social health.
- **HTL-HS.s1.03:** Analyze how environment and personal health are interrelated.
- **HTL-HS.s1.04:** Analyze how genetics and family history can impact personal health.
- **HTL-HS.s1.05:** Formulate strategies to reduce or prevent injuries and health problems.
- **HTL-HS.s1.06:** Analyze the relationship between access to health care and health status.
- **HTL-HS.s1.07:** Analyze the benefits of and barriers to practicing a variety of health enhancing behaviors.
- **HTL-HS.s1.08:** Examine personal susceptibility to and severity of injury, illness, or death if engaging in unhealthy behaviors.
- **HTL-HS.s1.09:** Explain the functions of the reproductive system.

- **HTL-HS.s1.10:** Describe prenatal and postnatal practices that can contribute to or threaten a healthy pregnancy for parent and child.
 - **HTL-HS.s1.11:** Compare and contrast the advantages and disadvantages of abstinence and other contraceptive methods, including condoms.
 - **HTL-HS.s1.12:** Acknowledge differences among individuals regarding gender.
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